

—For Sharing—

**Chicken Wings**

Choice of boneless or bone in wings. Hot sauce with parmesan, buffalo & jalapeno, hot barbeque, teriyaki, honey garlic, salt & cracked pepper. Served with fresh vegetables & ranch. 15

**Salt & Pepper Dry Ribs GF**

Marinated with lemon, garlic & oregano tossed with sea salt & cracked black pepper. 14

**Calamari**

Lightly breaded with red onion slivers & served with homemade tzatziki on the side. 14

**Satay Fries**

Twisted wedges tossed with homemade satay sauce topped with peanuts & cilantro. 9

**California Roll** 

Inside-out sushi roll containing cucumber, crab meat and avocado. Served with wasabi & ginger. 12

**Dynamite Roll**

Western style sushi roll with prawn tempura, mango and cucumber. Served with wasabi & ginger. 13

**Bruschetta Crostini with Parmesan**

Homemade bruschetta served on crostini topped with shaved parmesan & balsamic reduction. 10

**Lil' Rey's Homestyle Dumplings** 

Traditional style Chinese pork dumpling served with soy sauce and chili oil. Served steamed or fried. 12

**Nacho's GF**

Tri coloured corn tortilla chips, mixed cheese, tomatoes, scallions, black olives & jalapenos. Served with salsa & sour cream.

**Full Order 18 Half Order 14**


Spicy Ground Beef +6  
Boneless Chicken Wings +8  
Guacamole +3  
Sour Cream & Salsa +3  
Extra Cheese +2.50

**Fruit and Cheese Platter**

Variety of soft and hard cheeses served with crackers & fresh in season fruit. The perfect start to any meal. 16

—Salads & Soups—

**Authentic Vietnamese Pho** Shredded chicken, broccoli, carrots, onions & cilantro. Served with rice noodles & bean sprouts in a home style Pho broth. 16 GF

**Chef's Soup of the Day** 

Bowl 8 Cup 6

**Smoked Turkey Cobb Salad** Artisan greens, tomatoes, cucumber, bacon, smoked turkey, hard boiled eggs, chives topped with feta cheese. Served with blue cheese dressing. 18 GF

**Chopped Asian Salad** Chopped romaine lettuce, cabbage slaw, edamame, julienned carrots with soy & sesame vinaigrette topped with peanuts. 14

**Homestyle Caesar Salad** Crisp Romaine served with focaccia croutons, fresh parmesan & crispy bacon bits in homemade dressing. Served with focaccia garlic toast. Full 11 Half 9 GF

**Market House Salad** Mixed California greens, with local tomatoes & cucumbers, carrots, and onions served on top of quinoa with Dijon vinaigrette. Full 10 Half 8 GF

—Enhancements—

Seasoned Chicken Breast +7  
Sirloin Steak +10  
Garlic Prawns +10  
California Roll +12

—All Day Breakfast—

**Blume Breakfast GF**

2 eggs (any style) with your choice of bacon or premium sausage. Served with hash browns & toast. 12

**Frittata GF**

3 eggs baked with peppers, onions, tomatoes, mushrooms topped with cheese and baked till golden. Served with toast. 13

**Bacon or Sausage + 2**

**Brekkie Bowl GF**

2 eggs (any style) with bacon & sausage, mixed peppers, cheese, onions & mushrooms served over tater tots. Served with toast. 14

**French Toast + Bacon GF**

3 slices Texas toast soaked in an egg batter with cinnamon, nutmeg & vanilla. 12

Gluten Free Bread Available + 1.25

—Pizza—

Available in 7" or 12"

**Basic Cheese Pizza**

Choice of Tomato sauce, BBQ sauce or Alfredo

7" - 9

12" - 12

8" Gluten Free +2

**Create Your Own Pizza Toppings**

Pepperoni, Taco Beef, Bacon, Tandoori Chicken, Ham, Cheese, Boneless Wings, Seasoned Chicken, Mixed Peppers, Red Onions, Mushrooms, Tomatoes, Pineapple, Jalapenos, Banana Peppers, Black Olives

Add 2 Toppings for 3

Or

Extra Toppings 1.75 each

—Children's Menu—

Comes with choice of fries, seasonal vegetables or veggies with dip.

**Snake Bites**

Top sirloin steak cut into bite sized pieces. Perfect for the little ones with a big taste. 10

**Broiled Chicken Breast**

Choice of teriyaki, honey garlic or bbq sauce. 10

**Chicken Fingers 8**

**Individual Cheese Pizza 8**

**Hot Dog 8**

Small Beverage & Ice Cream Included.

**Roy Rogers +1**

**Shirley Temple +1**

**Sundae +1.5**



Signature Items

GF Gluten Free Options

---Entrees---

**Wild Atlantic Salmon Filet**

*Pan seared skin-on salmon topped with a chive veloute sauce.  
Served with rice & seasonal vegetable.*  
29

**Braised Short Ribs** GF 

*Flavourful Alberta short ribs braised to a perfect tender consistency.  
Served on top of garlic mashed potatoes & seasonal vegetable.*  
27.5

**NY Striploin Steak** GF

*8oz New York steak, hand cut in house and grilled to your liking.  
Served with garlic mashed & seasonal vegetable.*  
28

**Steak and Sushi** GF

*6oz Top Sirloin hand cut in house and grilled to your liking.  
Served with Chef Rey's dynamite roll in ponzu sauce & seasonal vegetable.*  
26

**Lobster Fettuccini** 

*Succulent lobster and sweet peppers tossed with fettuccini in our signature veloute sauce.  
Served with garlic toast.*  
29

**California Stuffed Chicken**

*Tender chicken breast stuffed with feta cheese & spinach topped with garlic cream sauce.  
Served with basmati rice & seasonal vegetables.*  
23

To truly elevate any dish add a homemade topping to any entrée or dish of your choice.

*Creamy Peppercorn Sauce* +2.5

*Sautéed Onions & Mushrooms* +3

*Neptune Topping* +7


*Honey Glazed Carrots* +4

---Hand Helds---

*Served with homemade fries.*

*\$1.75 to substitute sweet potato fries, soup, Caesar or market house salad*

*\$2 to substitute a gluten free bun*

**Blume Burger** 18 

*Homemade burger topped with pickle fries, onion marmalade, bacon, mayo, old cheddar, lettuce & tomato on a brioche bun.*

**Cheese Burger** 15

*Homemade burger with old cheddar topped with lettuce, tomato, pickles, mustard & ketchup on a brioche bun.*

**Bruschetta Chicken Burger** 16

*Homestyle bruschetta on a seasoned chicken breast topped with melted provolone & grilled pepper aioli on a brioche bun.*

**Veggie Burger** 15

*Homemade vegetarian patty, avocado, red pepper aioli, lettuce, tomato, onion topped with old cheddar on a brioche bun.*

**Steak Sandwich** 18

*Grilled 6oz Alberta sirloin steak with sautéed dusted onions served on garlic focaccia bread.*

**Philly Beef Melt** 15

*Tender beef sautéed with peppers, onions, Swiss cheese & gravy served open faced on a pretzel bun.*

**Pretzel Rueben Sandwich** 15

*Corned beef with sauerkraut & Swiss cheese on a toasted pretzel bun with roasted red pepper aioli.*

**Buffalo Chicken Wrap** 15 

*Crispy chicken tenders, bacon, lettuce, tomato, onion, mixed cheese tossed with buffalo dressing.*

**Chicken Caesar Wrap** 15

*Your choice of grilled or crispy chicken with our home style Caesar salad.*

**Smoked Turkey Clubhouse** 15

*A classic with an update! Smoked in house turkey with lettuce, tomato, bacon & our signature red pepper aioli.*

**Bahn Mi Vietnamese Sub** 16

*Lemongrass marinated chicken, pickled carrots, cucumber, onions & cilantro topped with white cheddar. Served on a French baguette.*

---Rice & Noodle Bowls---

**Authentic Butter Chicken**

*Aromatic chicken tossed in a creamy curry sauce served over basmati rice with garlic naan. 18*

**Ginger Beef**

*Tender strips of beef sautéed with stir fried vegetables tossed in ginger stir fry sauce over jasmine rice or noodles. 18*

**Teriyaki Chicken Rice Bowl**

*Chicken breast sautéed with a selection of traditional stir fried vegetables in a teriyaki sauce served over jasmine rice. 16*

**Fettuccini with Homemade Alfredo**

*Fettuccini pasta tossed in a homemade alfredo sauce served with garlic toast & parmesan cheese. 15*

**Vegetable Stir Fry**

*Choose your own sauce: Green or Yellow Curry, or soy ginger sauce.  
Stir fried with broccoli, peppers & onions.  
Served on rice or noodles. 15*

**Add Additional Protein**

*Seasoned Chicken Breast* +7

*Sirloin Steak* +10

*Garlic Prawns* +10

*Gluten Free Pasta Available* +1.25

*Please Note: All of our items are prepared in an open kitchen. We try to accommodate all dietary restrictions but we cannot guarantee a 100% contact-free or allergen-free environment. Guests with severe allergies, sensitivities or food concerns are asked to notify their server when ordering.*