

---For Sharing---

Chicken Wings

Choice of boneless or bone in wings. Hot sauce with parmesan, buffalo & jalapeno, hot barbeque, teriyaki, honey garlic, salt & cracked pepper. Served with fresh vegetables & ranch. 15

Salt & Pepper Dry Ribs GF

Marinated with lemon, garlic & oregano tossed with sea salt & cracked black pepper. 14

Calamari

Lightly breaded with red onion slivers & served with homemade tzatziki on the side. 14

Satay Fries

Twisted wedges tossed with homemade satay sauce topped with peanuts & cilantro. 9

California Roll 

Inside-out sushi roll containing cucumber, crab meat and avocado. Served with wasabi & ginger. 12

Dynamite Roll

Western style sushi roll with prawn tempura, mango and cucumber. Served with wasabi & ginger. 13

Bruschetta Crostini with Parmesan

Homemade bruschetta served on crostini topped with shaved parmesan & balsamic reduction. 10

Lil' Rey's Homestyle Dumplings 

Traditional style Chinese pork dumpling served with soy sauce and chili oil. Served steamed or fried. 12

Nacho's GF

Tri coloured corn tortilla chips, mixed cheese, tomatoes, scallions, black olives & jalapenos. Served with salsa & sour cream.

Full Order 18 Half Order 14

Spicy Ground Beef +6
Boneless Chicken Wings +8
Guacamole +3
Sour Cream & Salsa +3
Extra Cheese +2.50

Fruit and Cheese Platter

Variety of soft and hard cheeses served with crackers & fresh in season fruit. The perfect start to any meal. 16

---Salads & Soups---

Authentic Vietnamese Pho Shredded chicken, broccoli, carrots, onions & cilantro. Served with rice noodles & bean sprouts in a home style Pho broth. 16 GF

Chef's Soup of the Day 

Bowl 8 Cup 6

Smoked Turkey Cobb Salad Artisan greens, tomatoes, cucumber, bacon, smoked turkey, hard boiled eggs, chives topped with feta cheese. Served with blue cheese dressing. 18 GF

Chopped Asian Salad Chopped romaine lettuce, cabbage slaw, edamame, julienned carrots with soy & sesame vinaigrette topped with peanuts. 14

Homestyle Caesar Salad Crisp Romaine served with focaccia croutons, fresh parmesan & crispy bacon bits in homemade dressing. Served with focaccia garlic toast. Full 11 Half 9 GF

Market House Salad Mixed California greens, with local tomatoes & cucumbers, carrots, and onions served on top of quinoa with Dijon vinaigrette. Full 10 Half 8 GF

---Enhancements---

Seasoned Chicken Breast +7

Sirloin Steak +10

Garlic Prawns +10

California Roll +12

---All Day Breakfast---

Blume Breakfast GF

2 eggs (any style) with your choice of bacon or premium sausage. Served with hash browns & toast. 12

Frittata GF

3 eggs baked with peppers, onions, tomatoes, mushrooms topped with cheese and baked till golden. Served with toast. 13

Bacon or Sausage + 2

Brekkie Bowl GF

2 eggs (any style) with bacon & sausage, mixed peppers, cheese, onions & mushrooms served over tater tots. Served with toast. 14

French Toast + Bacon GF

3 slices Texas toast soaked in an egg batter with cinnamon, nutmeg & vanilla. 12

Gluten Free Bread Available + 1.25

---Pizza---

Available in 7" or 12"

Basic Cheese Pizza

Choice of Tomato sauce, BBQ sauce or Alfredo

7" - 9

12" - 12

8" Gluten Free +2

Create Your Own Pizza Toppings

Pepperoni, Taco Beef, Bacon, Tandoori Chicken, Ham, Cheese, Boneless Wings, Seasoned Chicken, Mixed Peppers, Red Onions, Mushrooms, Tomatoes, Pineapple, Jalapenos, Banana Peppers, Black Olives

Add 2 Toppings for 3

Or

Extra Toppings 1.75 each

---Children's Menu---

Comes with choice of fries, seasonal vegetables or veggies with dip.

Snake Bites

Top sirloin steak cut into bite sized pieces. Perfect for the little ones with a big taste. 10

Broiled Chicken Breast

Choice of teriyaki, honey garlic or bbq sauce. 10

Chicken Fingers 8

Individual Cheese Pizza 8

Hot Dog 8

Small Beverage & Ice Cream Included.

Roy Rogers +1

Shirley Temple +1

Sundae +1.5



Signature Items

GF Gluten Free Options

---Entrees---

Wild Atlantic Salmon Filet

*Pan seared skin-on salmon topped with a chive veloute sauce.
Served with rice & seasonal vegetable.*
29

Braised Short Ribs GF 

*Flavourful Alberta short ribs braised to a perfect tender consistency.
Served on top of garlic mashed potatoes & seasonal vegetable.*
27.5

NY Striploin Steak GF

*8oz New York steak, hand cut in house and grilled to your liking.
Served with garlic mashed & seasonal vegetable.*
28

Steak and Sushi GF

*6oz Top Sirloin hand cut in house and grilled to your liking.
Served with Chef Rey's dynamite roll in ponzu sauce & seasonal vegetable.*
26

Lobster Fettuccini 

*Succulent lobster and sweet peppers tossed with fettuccini in our signature veloute sauce.
Served with garlic toast.*
29

California Stuffed Chicken

*Tender chicken breast stuffed with feta cheese & spinach topped with garlic cream sauce.
Served with basmati rice & seasonal vegetables.*
23

To truly elevate any dish add a homemade topping to any entrée or dish of your choice.

Creamy Peppercorn Sauce +2.5

Sautéed Onions & Mushrooms +3

Neptune Topping +7

Honey Glazed Carrots +4

---Hand Helds---

Served with homemade fries.

\$1.75 to substitute sweet potato fries, soup, Caesar or market house salad

\$2 to substitute a gluten free bun

Blume Burger 18 

Homemade burger topped with pickle fries, onion marmalade, bacon, mayo, old cheddar, lettuce & tomato on a brioche bun.

Cheese Burger 15

Homemade burger with old cheddar topped with lettuce, tomato, pickles, mustard & ketchup on a brioche bun.

Bruschetta Chicken Burger 16

Homestyle bruschetta on a seasoned chicken breast topped with melted provolone & grilled pepper aioli on a brioche bun.

Veggie Burger 15

Homemade vegetarian patty, avocado, red pepper aioli, lettuce, tomato, onion topped with old cheddar on a brioche bun.

Steak Sandwich 18

Grilled 6oz Alberta sirloin steak with sautéed dusted onions served on garlic focaccia bread.

Philly Beef Melt 15

Tender beef sautéed with peppers, onions, Swiss cheese & gravy served open faced on a pretzel bun.

Pretzel Rubeen Sandwich 15

Corned beef with sauerkraut & Swiss cheese on a toasted pretzel bun with roasted red pepper aioli.

Buffalo Chicken Wrap 15 

Crispy chicken tenders, bacon, lettuce, tomato, onion, mixed cheese tossed with buffalo dressing.

Chicken Caesar Wrap 15

Your choice of grilled or crispy chicken with our home style Caesar salad.

Smoked Turkey Clubhouse 15

A classic with an update! Smoked in house turkey with lettuce, tomato, bacon & our signature red pepper aioli.

Bahn Mi Vietnamese Sub 16

Lemongrass marinated chicken, pickled carrots, cucumber, onions & cilantro topped with white cheddar. Served on a French baguette.

---Rice & Noodle Bowls---

Authentic Butter Chicken

Aromatic chicken tossed in a creamy curry sauce served over basmati rice with garlic naan. 18

Ginger Beef

Tender strips of beef sautéed with stir fried vegetables tossed in ginger stir fry sauce over jasmine rice or noodles. 18

Teriyaki Chicken Rice Bowl

Chicken breast sautéed with a selection of traditional stir fried vegetables in a teriyaki sauce served over jasmine rice. 16

Fettuccini with Homemade Alfredo

Fettuccini pasta tossed in a homemade alfredo sauce served with garlic toast & parmesan cheese. 15

Vegetable Stir Fry

*Choose your own sauce: Green or Yellow Curry, or soy ginger sauce.
Stir fried with broccoli, peppers & onions.
Served on rice or noodles. 15*

Add Additional Protein

Seasoned Chicken Breast +7

Sirloin Steak +10

Garlic Prawns +10

Gluten Free Pasta Available +1.25

Please Note: All of our items are prepared in an open kitchen. We try to accommodate all dietary restrictions but we cannot guarantee a 100% contact-free or allergen-free environment. Guests with severe allergies, sensitivities or food concerns are asked to notify their server when ordering.